

## Puzzle \#7

## SUDOKU

Time it! Can you find them all in 45 minutes?


Instructions: Don't worry ... there's NO math. Think of this puzzle as a process of elimination. The objective is to fill a $9 \times 9$ grid with digits so that each column, each row, and each of the nine $3 \times 3$ subgrids or boxes contain all of the digits from 1 to 9 . There should be no duplication of a digit in any row, column, or subgrid/box. Have fun!

Learn more about Sudoku at: https://en.wikipedia.org/wiki/Sudoku

Find more games on our website: HealthyBrains.org/games

