



**Across**

- 2 Recall of past experiences or impressions (6)
- 7 Knowledge of a situation (9)
- 10 Rhymes with "wow" and can twist into tangles (3)
- 12 Acquire new skill or knowledge (5)
- 14 Scientists test new ideas (8)
- 15 Person who cares for someone who is sick (9)

- 16 Downward dog activity that improves balance (4)
- 17 Month to give thanks (8)
- 18 Get 6-8 hours everyday (5)

**Down**

- 1 Abnormal clumps of proteins (7)
- 3 Do this 3-5 times a week (8)
- 4 Essential fatty acid found in fish (10)
- 5 Increases risk of dementia (7)

- 6 Furry friend or type of brain scan (3)
- 8 Greatest risk factor for Alzheimer's disease (3)
- 9 Vital organ (5)
- 11 Most common form of dementia (10)
- 13 Type of cell destroyed in Alzheimer's Disease (6)
- 14 40th President of US (6)